



UNIVERSITY OF ZULULAND

FACULTY OF SCIENCE AND AGRICULTURE

PHYSICAL AND MOTOR DEVELOPMENT

Faculty:	Science & Agriculture	Programme:	Bachelor of Education
Pre-Requisite:	None	Lecturer:	Mrs C Gouws
Module:	EPPM02A	Contact:	035 902 6968
Credit Value:	15	Email:	gouwsc@unizulu.ac.za
Semester:	1	Internal Moderator:	Miss K Frames
NQF Level:	5		
Year Level:	1		

COURSE OUTLINE EPPM 211

PURPOSE OF THE MODULE

Movement is an integral part to the human being. Everything that people do, whether they are reacting to the environment or simply expressing themselves, involves movement of some sort. Due to modern technology, the machine has taken over the function of basic human movement. We are therefore living a life of inactivity. The module is aimed at developing informed and competent educators that will effectively facilitate the physical and motor development (physical education) component of the Life orientation learning area.

MODULE REQUIREMENTS

1. Learners are expected to attend all lectures and practicals. Observation of time (i.e. being punctual) is critical for effective teaching and learning.
2. There will be a number of assignments set for the module either in a form of class tests or written assignments such as essays, portfolio and /or practical reports. You will be expected to hand them in before or on due date.
3. Learners are expected to present themselves for all practical lessons in proper practical clothes. Should there be a compelling medical condition preventing anyone to participate in physical activities, a medical certificate backing this will be expected.

MODULE OUTCOMES

At the end of the module learners shall be able to:

- Demonstrate an ability to identify and solve problems in which responses display that responsible decisions using critical and creative thinking have been made;
- Demonstrate an ability to Work effectively with others as a member of a team, group, organization, community;

COURSE OUTLINE EPPM 211

- Demonstrate an ability to organize and manage oneself and one's activities responsibly and effectively;
- Demonstrate an ability to collect, analyze, organize and critically evaluate information.
- Demonstrate an ability to select appropriate teaching and learning strategies in planning lessons and other learning experiences within teaching programmes;
- Demonstrate an ability to design coherent learning programmes and lessons appropriate for the learners, context and specialization, taking into account national, regional and school curriculum policies, learner contexts, and learner differences.

BACKGROUND INFORMATION ON OUTCOMES BASED EDUCATION

The ultimate objective of outcomes-based education is to produce graduates who, on completion of their training, are competent to enter the workplace in the level in which they have been trained. In other words, they must be able to apply (in the working environment) what they have learnt. The ability to do so is assessed on the basis of outcomes. Outcomes give direction as to what must be assessed and the competence which learners need to demonstrate at the end of the module i.e. the competence of a learner to apply acquired knowledge, skills and values.

MODES OF ASSESSMENT

Class Test	20%	Final Mark (FM) 100%
Poster	20%	
Assignment	20%	
Final Examination	40%	

COURSE OUTLINE EPPM 211

NB! Dates and topics to be given at a later stage.

TIMETABLE ALLOCATION

CONTACT STUDY	NOTIONAL HOURS	SELF-STUDY	NOTIONAL HOURS
Lectures	40	Lecture related	40
Poster	30	Poster related	11
Assignment	27	Assignment study	12
Total contact:	97	Total self-study:	63
Total Notional Hours		160 Hours	

PRESCRIBED TEXTBOOKS FOR THE MODULE

Notes from various sources.

KNOWLEDGE, SKILLS, ATTITUDES AND VALUES (SKAV'S)

The knowledge, skills, attitudes and values unique to the Life Orientation learning programme are expressed in the six focus areas of the Learning Area as expressed in the Curriculum and Assessment Policy (CAPS) (life orientation). Learning programme activities are therefore to be based on each of the focus areas that include:

- (i) Development of the self in society
- (ii) Social and environmental responsibility
- (iii) Democracy and human rights
- (iv) Careers and career choices
- (v) Study skills
- (vi) Physical Education

COURSE OUTLINE EPPM 211

WORK SCHEDULE

PHYSICAL AND MOTOR DEVELOPMENT

WEEK	UNIT
9 February 2015	1. LESSON PLANNING IN LO HINTS ON STAGING SUCCESSFUL LO LESSONS
	2. LIFE ORIENTATION IN THE INTERMEDIATE AND SENIOR PHASE
	3. WHAT IS MOTOR DEVELOPMENT?
	4. DEVELOPMENT OF GROSS MOTOR SKILLS
	5. DEVELOPMENT OF HUMAN LOCOMOTION
25 March 2015	TEST 1-4
	6. DEVELOPMENT OF BALLISTIC SKILLS
	7. DEVELOPMENT OF FINE MOTOR SKILLS
	8. DEVELOPMENT OF MANIPULATIVE SKILLS
8 May 2015	TEST 2 – 5-8
18-21 May 2015	REVISION

COURSE OUTLINE EPPM 211

ASSIGNMENTS

Full details of the requirements for each assignment will be given in class. Please follow these guidelines when completing assignments:

1. All assignments must have an attached declaration.
2. All assignments must be typed.
3. Use 12 Times New Roman font, and 1.5 line spacing.
4. The front page should reflect your personal information.
5. Make provision for table of contents.
6. Reference all outside sources that you use.

Assignments turned in late are deducted by 15% per day; assignments submitted more than 1 week late are given a zero unless prior arrangements have been made with the lecturer.

ATTENDANCE

A minimum attendance of 80% is required for this module and will be monitored by the lecturer in class. Unexcused absences will result in the automatic failure of this module. If the student has missed a class, test, or exam, it is the student's responsibility to inform the lecturer of the reason for the absence and will only be excused if accompanied by a medical certificate or appropriate documentation.

CONSULTING HOURS

Please adhere to the time table displayed on my office door. Any consultations outside of the stated consultation hours may be made upon early appointment arrangement. To have the arrangement, please email me or call my office.

MEDICAL CERTIFICATES

Students who miss test and exams due to illness or for other reasons must submit a copy of medical certificates or other acceptable to the lecturer

COURSE OUTLINE EPPM 211

PLAGIARISM

Plagiarizing is taking someone else's work or idea and pretends it is your own.

Be warned students who submit copied text will obtain a mark of zero for the assignment and disciplinary steps may be taken by the Department, Faculty and /or University. It is also unacceptable to do somebody else's work, to lend your work to them or to make your work available to them to copy.

IMPORTANT DATES

DATE	ACTIVITY
FIRST SEMESTER	
9 FEBRUARY 2015	LECTURES START
21 MARCH 2015	PUBLIC HOLIDAY (HUMAN RIGHT DAY)
25 MARCH 2015	TEST 1 CHAPTERS 1-4
27 MARCH 2015	RECESS
7 APRIL 2015	LECTURERS START
27 APRIL 2015	PUBLIC HOLIDAY (FREEDOM DAY)
1 MAY 2015	PUBLIC HOLIDAY (WORKERS DAY)
8 MAY 2015	TEST 2 CHAPTERS 5-8
18-21 MAY	REVISION WEEK
22 MAY	EXAM START